

## 12 MOOD-CHANGING SCRIPTURES

Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise him again—my Savior and my God!  
PSALM 42:11 NLT

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."  
JEREMIAH 29:11 NIV

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.  
2 CORINTHIANS 12:9 NIV

Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken.  
PSALM 55:22 NIV

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.  
PHILIPPIANS 4:6-7 NIV

So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?"  
HEBREWS 13:6 NLT

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.  
2 TIMOTHY 1:7 KJV

But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed.  
2 CORINTHIANS 4:7-9 NIV

You keep him in perfect peace whose mind is stayed on you, because he trusts in you.  
ISAIAH 26:3 ESV

Be on your guard and stay awake. Your enemy, the devil, is like a roaring lion, sneaking around to find someone to attack.  
1 PETER 5:8 CEV

But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.  
ISAIAH 40:31 NLT

So humble yourselves before God. Resist the devil, and he will flee from you.  
JAMES 4:7 NLT

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