

HAVING A MARY SPIRIT

“BOOK-ONLY” STUDY OPTION

OVERVIEW

Though it is ideal for study participants to have both a copy of *Having a Mary Spirit: Allowing God to Change Us from the Inside Out* and the companion study guide in order to get the most out of the DVD-based Bible study, some groups may not be able to afford both.

With that in mind, we have created a “book-only” option to be used with the DVD sessions. Featuring the original study found in the back of each book, the following outline will help you implement the video sessions for a twelve-week study or expand to fit the book’s fourteen-week format. You’ll find viewer guides on website mentioned below.

TOOL TIME: “Tool Time” videos are short bonus videos for optional use at the beginning of each week to give women additional tools for cooperating with God’s grace. The first three are on DVD-1. The rest of them must be accessed at www.havingamaryspirit.com and streamed or downloaded for viewing in class.

OPTIONAL: If you want to incorporate the memory verses, a pdf is available on the third DVD or at the website. You’ll find a promo video, posters and flyers as well. While there, check out the expanded Leader’s Guide and Retreat Guide for more ideas.

Each woman will need a copy of:

- The book, *Having a Mary Spirit*
- The downloadable study workbook found at www.havingamaryspirit.com placed in a three-ring binder.
- Video viewer guides accessed at that site as well.
- (Optional) Memory verses—full sheet or cut to size on business card stock.

THE TWELVE-SESSION FORMAT

In order to use the twelve-week format of the DVD Bible study, you will need to combine chapters and question assignments as follows:

- SESSION 1 Handout books and workbooks (optional: memory verses)
TOOL TIME: “Memorizing God’s Word” [DVD-1]
VIDEO: “A Holy Makeover”
DISCUSS: Questions 1 and 2 from Week 1 study
Next week’s assignment:
Read chapters 1 and 2
Answer remaining study questions (Week 1)

- SESSION 2 DISCUSS: Chapters 1 and 2 (Workbook: Week 1) homework
TOOL TIME: “Journaling Transformation” [DVD-1]
VIDEO: “A Heart Made New”
Next week’s assignment:
 Read chapter 3
 Do all chapter 3 (Week 2) study questions
- SESSION 3 DISCUSS: Chapter 3 (Week 2) homework
TOOL TIME: “Meditating on Scripture” [DVD-1]
VIDEO: “Whose Side Are You On?”
Next week’s assignment:
 Read chapters 4 and 5
 Chapter 4 (Week 3) questions 2, 5, 6, 7
 Chapter 5 (Week 4) questions 2, 4, 7, 8
- SESSION 4 DISCUSS: Chapters 4 and 5 (Weeks 3 and 4) assigned questions
TOOL TIME: “Receiving Correction” [ONLINE]
VIDEO: “Fault Lines of the Soul”
Next week’s assignment:
 Read chapter 6
 Do all chapter 6 (Week 5) study questions
- SESSION 5 DISCUSS: Chapter 6 (Week 5) homework
TOOL TIME: “Choosing Humility” [ONLINE]
VIDEO: “From Death to Life”
Next week’s assignment:
 Read chapters 7 and 8
 Chapter 7 (Week 6) questions 1, 2, 3, 7
 Chapter 8 (Week 7) questions 4, 6, 7, 8
- SESSION 6 DISCUSS: Chapters 7 and 8 (Weeks 6 and 7) assigned questions
TOOL TIME: “Renewing Your Mind” [ONLINE]
VIDEO: “A Disciplined Mind”
Next week’s assignment:
 Read chapter 9
 Do all chapter 9 (Week 8) study questions
- SESSION 7 DISCUSS: Chapter 9 (Week 8) homework
TOOL TIME: “Refusing Gossip” [ONLINE]
VIDEO: “Matters of the Heart”
Next week’s assignment:
 Read chapter 10
 Do all chapter 10 (Week 9) study questions

- SESSION 8 DISCUSS: Chapter 10 (Week 9) homework
 TOOL TIME: “Overcoming Worry” [ONLINE]
 VIDEO: “Beauty Secrets”
 Next week’s assignment:
 Read chapter 11
 Do all chapter 11 (Week 10) study questions
- SESSION 9 DISCUSS: Chapter 11 (Week 10) homework
 TOOL TIME: “Deciding to Forgive” [ONLINE]
 VIDEO: “Beware the Bitter Root”
 Next week’s assignment:
 Read chapters 12 and 13
 Chapter 12 (Week 11) questions 1, 2, 3, 4,
 Chapter 13 (Week 12) questions 2, 6, 7, 8
- SESSION 10 DISCUSS: Chapters 12 and 13 (Weeks 11 and 12) homework
 TOOL TIME: “Accessing God’s Grace” [ONLINE]
 VIDEO: “Spiritual Fitness 101”
 Next week’s assignment:
 Read chapter 14
 Do all chapter 14 (Week 13) study questions
- SESSION 11 DISCUSS: Chapter 14 (Week 13) homework
 TOOL TIME: “Being Accountable” [ONLINE]
 VIDEO: “Speech Therapy”
 Next week’s assignment:
 Read chapters 15 and 16
 Do chapters 15 and 16 (Week 14) study questions
- SESSION 12 DISCUSS: Chapters 15 and 16 (Week 14) homework
 TOOL TIME: “Moving Forward” [ONLINE]
 VIDEO: “Gentle Shepherd”

THE FIFTEEN-SESSION FORMAT

For those who wish to use the book study as it appears in the book, I suggest incorporating the video pieces as follows. [NOTE: While the study in the back of the book is fourteen weeks, I’ve added a week to hand out books and view introduction video. If needed, you can combine Session 4 and 5 to trim down to fourteen weeks. Ask class to read chapters 4 and 5, then assign questions as outlined above in session 3.]

- SESSION 1 Hand out books and workbooks
 TOOL TIME: “Memorizing God’s Word” [DVD-1]
 VIDEO: “A Holy Makeover”

- SESSION 2 DISCUSS: Chapters 1 & 2 (Workbook: Week 1) homework
 TOOL TIME: “Journaling Transformation” [DVD-1]
 VIDEO: “A Heart Made New”
- SESSION 3 DISCUSS: Chapter 3 (Week 2) homework
 TOOL TIME: “Meditating on Scripture” [DVD-1]
 VIDEO: “Whose Side Are You On?”
- SESSION 4 DISCUSS: Chapter 4 (Week 3) homework & insights thus far
 TOOL TIME: “Receiving Correction” [ONLINE]
- SESSION 5 DISCUSS: Chapter 5 (Week 4) homework
 VIDEO: “Fault Lines of the Soul”
- SESSION 6 DISCUSS: Chapter 6 (Week 5) homework
 TOOL TIME: “Choosing Humility” [ONLINE]
 VIDEO: “From Death to Life”
- SESSION 7 DISCUSS: Chapter 7 (Week 6) homework & insights thus far
 TOOL TIME: “Renewing Your Mind” [ONLINE]
- SESSION 8 DISCUSS: Chapter 8 (Week 7) homework
 VIDEO: “A Disciplined Mind”
- SESSION 9 DISCUSS: Chapter 9 (Week 8) homework
 TOOL TIME: “Refusing Gossip” [ONLINE]
 VIDEO: “Matters of the Heart”
- SESSION 10 DISCUSS: Chapter 10 (Week 9) homework
 TOOL TIME: “Overcoming Worry” [ONLINE]
 VIDEO: “Beauty Secrets”
- SESSION 11 DISCUSS: Chapter 11 (Week 10) homework
 VIDEO: “Lord of the Process”
- SESSION 12 DISCUSS: Chapter 12 (Week 11) homework & insights thus far
 TOOL TIME: “Deciding to Forgive” [ONLINE]
- SESSION 13 DISCUSS: Chapter 13 (Week 12) homework
 TOOL TIME: “Accessing God’s Grace” [ONLINE]
 VIDEO: “Spiritual Fitness 101”
- SESSION 14 DISCUSS: Chapter 14 (Week 13) homework
 TOOL TIME: “Being Accountable” [ONLINE]
 VIDEO: “Speech Therapy”

SESSION 15 DISCUSS: Chapter 15 & 16 homework
TOOL TIME: “Moving Forward” [ONLINE]
VIDEO: “Gentle Shepherd”